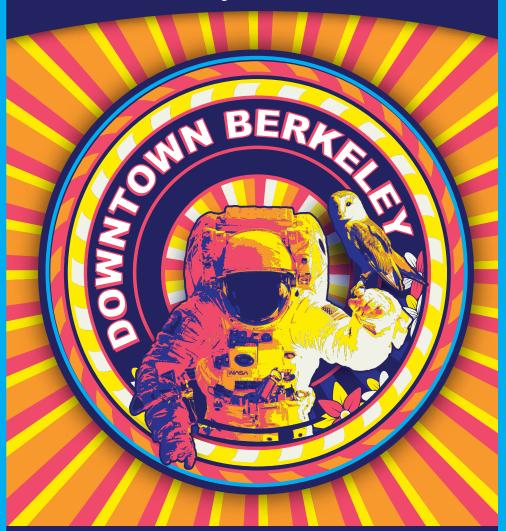
DOWNTOWN BERKELEY

Welcome Guide 2022-23



Your Place To Explore

Welcome to Downtown

Thanks for being part of this amazing transformation of Downtown Berkeley! We are excited about the recent \$8.5M redo of BART Plaza, the new 722-space Center Street Garage, the new Residence Inn Berkeley (600 more



hotel rooms now in the Downtown!), and many new apartment buildings are coming online soon.

Downtown Berkeley features dozens of restaurants, bars, and entertainment venues that serve a variety of tastes and budgets, all within walking distance!

Additionally, Downtown Berkeley is also home to a vibrant arts district that just keeps getting better and better, including world-class theatre, stunning

museums, cinemas, music, and other performance venues. And as a Downtown resident you have a fantastic selection of where to workout, whether it is yoga, spinning, swimming, weights, or cardio.

You can get all of your errands done within a short walking distance, whether shopping for groceries at Trader Joe's, visiting the Saturday Farmers Market or picking up odds and ends at Ace Hardware.

Enjoy this Welcome Guide to get a taste of what awaits you! And please visit DowntownBerkeley.com to discover all this place has to offer, keep abreast of programming and events, subscribe to our e-news, and follow us on social media.

Welcome! And Walk To What's Next in your new neighborhood!

John Caner, CEO, Downtown Berkeley Association

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Berkeley Public Library, Central Branch

2090 Kittredge Street (510) 981-6100 www.berkeleypubliclibrary.org



Berkeley City College

2050 Center Street (510) 981-2800 www.berkeleycitycollege.edu



University of California, Berkeley

(510) 642-6000 www.berkeley.edu





THE DAILY CALIFORNIAN

dailycal.org



berkeleyx.org

THE BERKELEY SCANNER

berkeleyscanner.com



CITY OF BERKELEY

2180 Milvia Street • cityofberkeley.info **Customer Servoce Center Police Emergency Police Non-Emergency Refuse and Recycling**

Mayor, Jesse Arreguin **Council Member, Kate Harrison**

311 or (510) 981-2489 1947 Center Street 911 or (510) 981-5911 (510) 981-5900 (510)981-7270 (510) 981-7100 (510) 981-7140



Getting Around

TRANSIT

PARKING GARAGES



Bay Area Rapid Transit www.bart.gov



Alameda-Contra Costa Transit: www.actransit.org



Berkeley Lab Shuttle Bus commute.lbl.gov



Bear Transit www.pt.berkeley.edu/beartransit



CALTRANS Commuter Bike Shuttle www.tinyurl.com/4bs3cat8



Golden Gate Transit www.goldengatetransit.org



BART: Berkeley Bike Station 2023 Center Street (510) 548-7433 bikehub.com/bart



Allston Way Garage 610 Spaces 2061 Allston Way (510) 981-9443

Center Street Garage

722 Spaces 2025 Center Street (510) 843-1788

Kittredge Garage 247 Spaces

2020 Kittredge St. (510) 665-1660

Oxford Garage

99 Spaces 2165 Kittredge St. (510) 981-7010

Promenade Garage

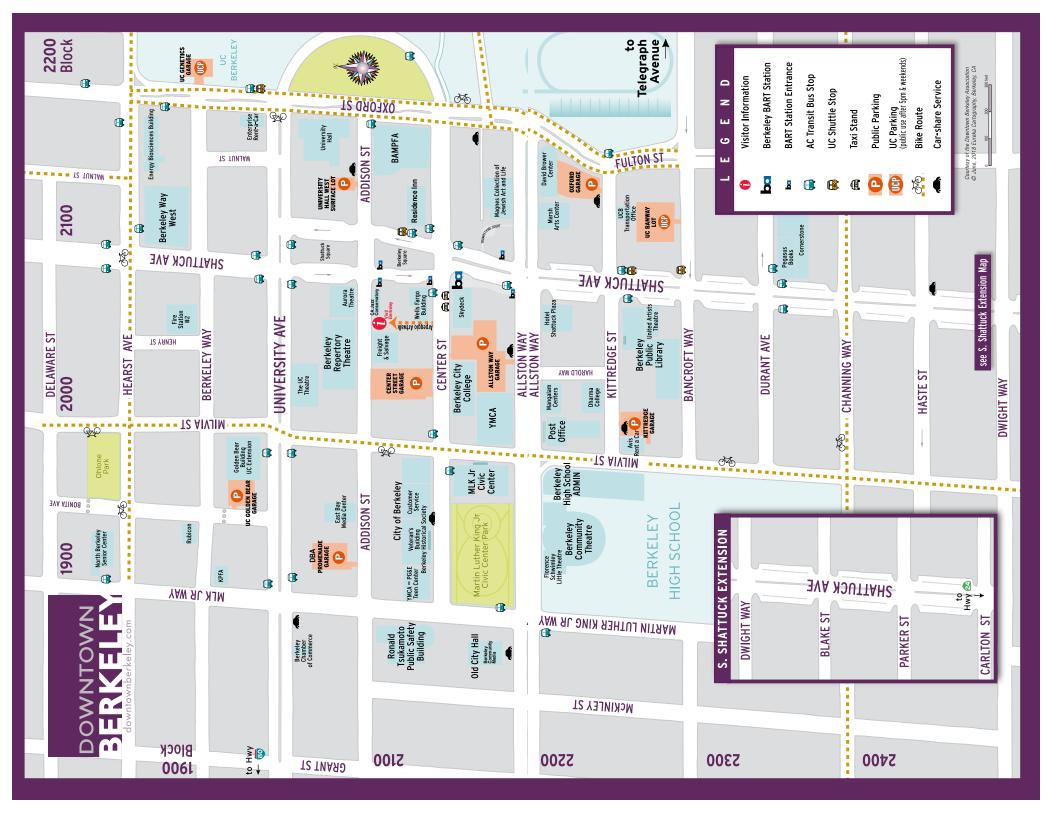
150 Spaces 1917 Addison Street (800) 877-9984

UC Golden Bear Garage

150+60 Spaces 1995 University Ave (510) 642-4111 Evenings & Weekends

University Hall West Surface Lot

29 Spaces 2123 Addison St. (510) 643-7701 Evenings & Weekends



Eat and Drink

BRUNCH

Scan the QR code and get turned on to some of the best brunch spots in the Bay Area are only in Downtown Berkeley!





PIZZA

You like pizza? Scan the QR code and get all the details of some of the best pizza in the Bay Area



COCKTAILS

Scan the QR code and get the list of some of the best cocktail programs around right here in Downtown Berkeley!







BEER/WINE

Let the QR code take you to a list of bars with the best beer selection in the city! All right here in Downtown Berkeley!





SANDWICHES/SOUP/SALADS

Scan the QR code and get a list of some of the best spots specializing in soups, sandwhiches and salads all found here in Downtown Berkeley!





JAPANESE/ SUSHI/ TEA

Scan QR code and get details of some of the best Japanese cuisine in the Bay Area right here in Downtown Berkeley!





Eat and Drink



VEGGIE/ VEGAN

Scan the QR code and get all the details of some of the best vegan and vegetarian places in the East Bay right here in Downtown Berkeley!









SWEET TREATS

Scan the QR code below and find some of the best places to feed your sweet-tooth cravings right here in Downtown Berkeley!









LATIN AMERICAN/ BURRITOS/ EMPANADAS

Scan the code and find some of the best Latin American cuisine in the Bay Area here in Downtown Berkeley.











ALMARE

GELATO ITALIANO

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gelato, sorbet, cookies, coffee, jams and spreads, biscotti, chocolates





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Arts & Entertainment



LIVE MUSIC

Scan the QR code for info on some of the best live music venues in the Bay Area all located right in Downtown Berkeley!







THEATRE

Scan the QR code for details and ticket info for some of the best theatre on any stage in the US all here in Downtown Berkeley!







CHECK OUR CALENDAR OF EVENTS

Scan the code and tap into our events calendar and sign up for our newsletter and don't miss the fun happening right here in Downtown Berkeley!











Fitness and Wellness

WORK OUT/ GYMS/ FITNESS SERVICES

Scan the code for a list of all the Downtown Berkeley gyms and places to get a great work out.







WELLNESS/HEALTH

Scan the QR code for a list of local wellness spas and alternative health businesses in Downtown Berkeley.









Treat Yourself

SALON/HAIR/NAILS

Your worth it! Scan the code and get all the details.









Care To Share

To Better Deal with Problems as they Happen

Minor Incidents

DBA Ambassadors: 510-550-7550

Repeat Incidents & Criminal Activity

Berkeley Police Non-Emergency: 510-981-5900

911 Other Services

it starts here.

DOWNTOWN
BERKELEY



Stonemountain & Daughter Fabrics

2518 Shattuck Avenue between Dwight and Blake



Shop in person Tues-Sun 11:00-5:30 Or shop online 24/7 at stonemountainfabric.com



Retail, Shopping

ELECTRONICS/ COMPUTERS/ PHONES

Scan the code and get a list of the shops and businesses specializing in all kinds of tech and tech repair in Downtown Berkeley.







SCHOOLS/ EDUCATIONAL SERVICES

Scan the code and find helpful information on classes and educational services all located right here in Downtown Berkeley.







HOME GOODS

We got what you need. Scan the code for places to get "this and that" for your home or home repair project. All close by right here in Downtown Berkeley.







BIKE EQUIPMENT & SERVICES

Get everything you need right in Downtown Berkeley. From electronics, furniture to hardware or gifts.







BOOKS

Visit your friendly neighborhood book store today! Scan the code for a list of some great local book sellers right here in Downtown Berkeley.







ALL LISTINGS

Get everything you need right in Downtown Berkeley. From electronics, furniture to hardware and gifts. Scan code for info.









Co-Working

CO-WORKING SPACES

Need an office or a place for your team to meet up? Scan the code and check out all the spaces that are available right now in Downtown Berkeley!







Financial Services



BANKS | ACCOUNTANTS

Scan the QR Code and get all the details of some of the best live music venues in the Bay Area all located right in Downtown Berkeley!











INDEPENDENT ORDER OF ODD FELLOWS

Historic Meeting Space

available for

Events, Rehearsals, Conferences

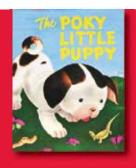
Berkeley Odd Fellows Lodge #270 is a beneficial fraternal organization that has been active in Berkeley since 1878. We meet on the 2nd and 4th Thursdays of each month. Our dinner socials begin at 6:00pm. Visitors are welcome to attend. What's so ODD about helping others?

2288 Fulton Street, Suite 200 Berkeley, CA 94704 (corner Bancroft Way)

510-843-5363

berkeleylodge270@gmail.com www.berkeleyoddfellows.org



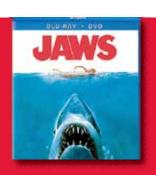












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is time for a mobility aid. This is especially common for people with multiple sclerosis, ALS or those who are post-stroke. If you struggle with fatigue when you leave the house for extended periods of time, a wheelchair or walker with a built-in seat can help.

ORTHOPEDIC SUPPORT

Independent Life Medical offers a full line of rehabilitative braces and supplies including orthotic bracing: knee, back, neck and wrist, cervical and back traction needs and compression stockings.







- Enteral Nutrition
- Diagnostic Testing

WOUND CARE

Wound care is used for the treatment and promotion of healing for pressure sores, also known as "bed sores." Pressure sores can occur from lack of position changes while sitting or lying down for long periods of time. Wound care products will assist in the healing process and help reduce pressure sores / bed sores.

BATHROOM SAFETY

We offer you a wide range of equipment and supplies to facilitate bathroom safety for seniors, those in rehabilitation, and others. Fortunately, optimizing bath safety can be relatively inexpensive, and it can help keep you or a loved one at home and/or prevent or eliminate the need for expensive remodeling.

BEDS AND ACCESSORIES

The most common diagnoses for a hospital bed are congestive heart failure (CHF), Chronic Obstructive Pulmonary Disease (COPD), reflux, Obstructive Sleep Apnea, leg fracture, cancer, quadriplegia, various neurological diseases and congenital birth disorder/diseases.

Solutions that work for your family. Offering peace of mind where you need it most at home.

DIABETIC SHOP

Diabetic shoes, sometimes referred to as extra depth, therapeutic shoes or Sugar Shoes, are specially designed shoes, or shoe inserts, intended to reduce the risk of skin breakdown in diabetics with coexisting foot disease.



AIDES TO DAILY LIVING

Aids to Daily Living (ADL) items are used to help people perform their daily tasks, such as eating, bathing, toileting, reaching, and holding a book. By using these devices, you can independently function in your own home. You can use ADLs whether your functioning is low or high, with or without a caregiver.





INCONTINENCE SUPPLIES

Incontinence supplies assist you in managing your involuntary bowel and bladder functions. These products include adult tape tab diapers/briefs, adult pull-ups, pads and under pads/chux. Only Medicaid allows funding for incontinence supplies with strict coverage guidelines with diagnosis requirements and quantity limits.



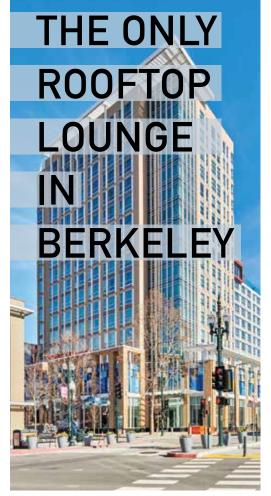
thought in mind; helping you achieve a better quality of life.



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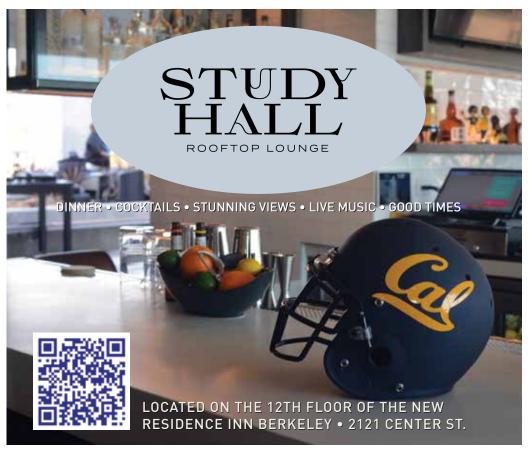






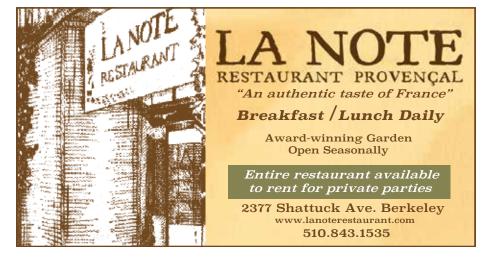














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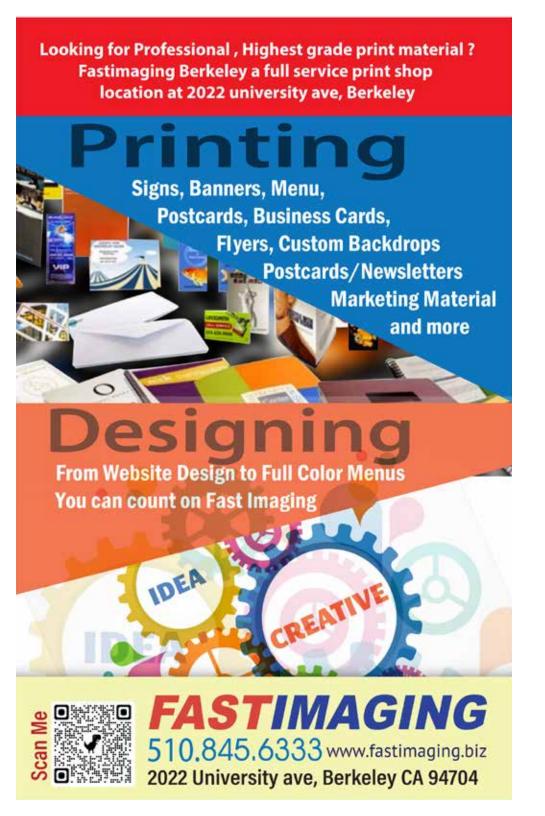


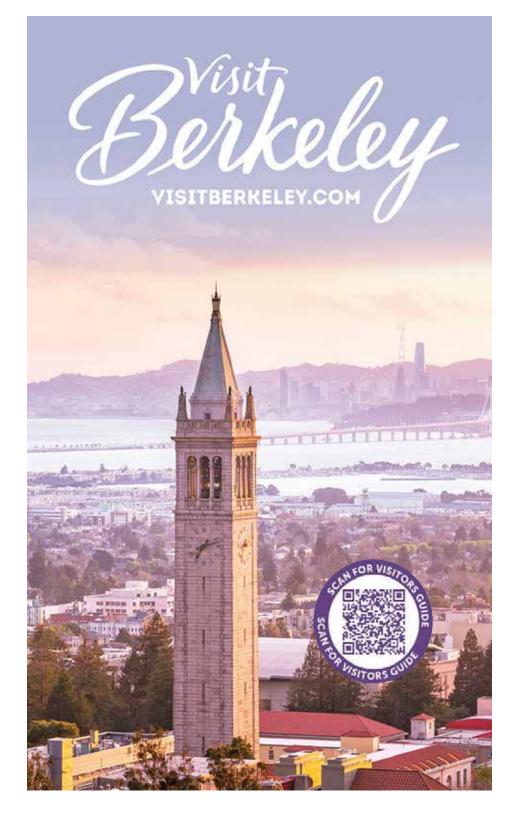
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LIVE



Current Housing • Planned Housing Neighborhood • Maps

EVENTS



Theatre • Dance • Concerts • Visual Arts • Lectures Tech • Community • Festivals...

VISIT



Maps • Parking • Transit Visitor Services • Hotels

DowntownBerkeley.com